PE Curriculum Map

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception Taught through Fundamental movement skills		First PE	Gymnastics	Dinosaur Dance (EY)	Enjoy a ball (EY)	Multi skills	Athletics
Year 1 Taught through Fundamental movement skills	Indoor	Gymnastics	Dodgeball (Social focus)	Jungle Yoga	Great fire of London Dance	Fitness	Mini Muay Thai
	Outdoor	Ball Skills (first 6 or 7 lessons)	OAA	Multi skills & FUNS	Ball Games	Tennis	Athletics
Year 2 Taught through Fundamental movement skills	Indoor	Gymnastics	Fairy tale Dance	Mini Muay Thai	Dodgeball (social focus)	Fitness	Jungle Yoga
	Outdoor	Ball skills (First 6 or 7 lessons)	OAA	Multi skills	Rugby FUN damentals	Tennis	Athletics
Year 3	Indoor	Indoor athletics	Gymnastics	Yoga	Romans Dance	Fitness	Handball
	Outdoor	OAA	Multi skills	Tag rugby	Basketball	Rounders	Athletics
Year 4	Indoor	Egyptian Dance	Gymnastics	Yoga	Indoor athletics	Fitness	Handball
	Outdoor	Multi skills	OAA	Tag rugby	Basketball	Rounders	Athletics

Last Updated Sept 2026

Year 5	Indoor	Gymnastics	Fitness	Handball	Indoor athletics	Greatest showman Dance	Yoga
	Outdoor	Swimming / OAA	swimming / OAA	Swimming / Quick sticks hockey	Swimming / Quick sticks hockey	Kwik cricket	Athletics
Year 6	Indoor	Gymnastics	World war II dance	Fitness	Handball	Yoga	Indoor athletics
	Outdoor	OAA	Quickstick Hockey	Football	Netball	Kwik cricket	Athletics

Colour code	Team Games	OAA	Gymnastics	Athletics	Dance	Swimming	Other

Termly intra competitions		Boccia	Basketball – hoop shoot.	Kurling	Skipping	Football – penalty shoot out	Sports day