



Kingswood Education Catering

Primary Menu Winter 2019/2020



School Training days are **NOT** noted on this menu – please refer to your Child’s School for accurate dates.

How to order:

Online: www.kingswoodcatering.co.uk

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for this service.

If you are not able to order via the internet give our office a call on 01536 201203 between 9am and 4pm so that we can arrange an alternative ordering method for you.

The price of a school dinner is **£2.30** per day, **£11.50** per week. Children entitled to Free Meals can make a choice and order online.

Orders for the start of the term can be place up to midnight on Wednesday of the week before the children are due to have meals. We're sorry but if you miss the order cut-off date we are unable to accept late orders.

If you have any difficulties ordering online please contact the office email enquiries@kingswoodcatering.co.uk

Special Offer: 3 children for the price of 2 on full weeks – please ring our office 01536 201203 for details – conditions apply.

Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before. Please contact our Office on 01536 201203 or email enquiries@kingswoodcatering.co.uk

Weeks commencing: **04/11/2019** **25/11/2019** **16/12/2019** **20/01/2020** **10/02/2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Chicken Burger Roll Baked Beans	Sweet and Sour Chicken Rice Mixed Vegetables	Roast Beef Slice in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Ultimate Fish Fingers Chips Garden Peas
Vegetarian alternative	Meat Free Meat Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	Meat Free Southern Fried Chicken Style Burger Roll Baked Beans	Vegan Chicken Style Nugget in Sweet and Sour Sauce Rice Mixed Vegetables	Quinoa Beetroot and Edamame Burger Roast Potatoes Diced Carrots	Moroccan Falafal Chips Garden Peas
Picnic Lunch	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
Hot Pot	Chicken and Tomato Pasta Hotpot	Salmon and Sweet Potato Fishcake Roll Baked Beans	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Cheese and Vegetable Fingers Chips Garden Peas
Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Katsu Chicken Curry	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Pudding	Mini Blueberry Muffin	Fruit Platter	Apple Crumble and Carnation Milk or Custard	Guilsborough Biscuit	Red Velvet Cake

Please see 'more information' on our website menus for allergen information.

Week Commencing	11/11/2019	02/12/2019	06/01/2020	27/01/2020	
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Italian Chicken with Tomato Sauce Rice Sweetcorn	Sausages Mashed Potatoes Baked Beans	Beef Bolognese Pasta Mixed Vegetables	Roast Pork in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Bubble Coated Fish Bites Chips Garden Peas
Vegetarian alternative	Italian Style Vegetables in Tomato Sauce Rice Sweetcorn	Vegan Sausage Mashed Potatoes Baked Beans	Vegan Bolognese Pasta Mixed Vegetables	Meat Free Pasty Roast Potatoes Diced Carrots	Vegan Vegetable Nuggets Chips Peas
Picnic Lunch	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
Hot Pot	Chicken and Tomato Pasta Hotpot	Meatloaf Burger in gravy Mashed Potatoes Green Beans	Cheesy Pasta Pot	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Fish Pie Garden Peas
Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Katsu Chicken Curry	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Pudding	Waffles with Syrup	Fruit Platter	Chocolate Sponge and Carnation Milk or Custard	Fruity Flapjack Biscuits	Iced Carrot Cake

Weeks commencing:	18/11/2019	09/12/2019	13/01/2020	03/02/2020	
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese and Tomato Pizza Baked Beans	Chicken Korma Naan Bread Rice Mixed Vegetables	Traditional Mash & Mince Green Beans	Roast Chicken Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Harry Ramsdens Fish in Batter Chips Garden Peas
Vegetarian alternative	Meat Free Sausage Roll Baked Beans	Vegetable Chickpea and Potato Curry Naan Bread Rice Mixed Vegetables	Vegetable Cottage Pie Green Beans	BBQ Lentil Burger Roast Potatoes Diced Carrots	Sweet Potato Falafal Chips Garden Peas
Picnic Lunch	Sliced Cheddar Cheese Sandwich Raisin Box Golden Oat Flapjack Water Fruit from bowl	Houghton Ham in a Soft Roll Raisin Box Ginger Bread Biscuit Water Fruit from bowl	Tuna Mayonnaise Roll Sultana & Raisin Blueberry Flapjack Water Fruit from bowl	Houghton Ham Sandwich Apricot Bag Vanilla Muffin Water Fruit from bowl	Cheddar Cheese Sandwich Raisin Box Shortbread Biscuit Water Fruit from bowl
Hot Pot	Chicken and Tomato Pasta Hotpot	Cheesy Pasta Pot	Cheese and Pepper Quiche Mashed Potatoes Green Beans	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Plain Omelette Chips Garden Peas
Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Katsu Chicken Curry	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans
Pudding	Frozen Yoghurt	Fruit Platter	Sweet American Pancakes & Honey	Chocolate Flavour Cookies	Banana Bread

Drinking water and plain wholemeal bread is available daily. A selection of fruit is available daily as an alternative to the pudding advertised. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that the all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification