

Good morning Kites and Buzzards.

Fact of the day: Performing an act of kindness can release chemicals in your brain called endorphins which make you feel happy!

Here are your home learning activities to be completed this week.

Activities to be completed daily:

- Read a book. Write a summary of the story and write a description of your favourite character. You can listen to audio books here: <https://stories.audible.com/discovery>
- 30 minutes on IXL English. <https://uk.ixl.com>
- 30 minutes on IXL Maths. <https://uk.ixl.com>
- 15 minutes on TT Rockstars. <https://trockstars.com/> Practice your times tables and challenge your classmates to battles.

It is also important to remember that aside from your daily activities there are other activities you should be doing every day:

- Daily exercise – e.g. Joe Wicks PE @ 9am <https://www.thebodycoach.com/blog/pe-with-joe-1254.html> *Did you know that exercise releases special chemicals in your body which make you feel happier?*
- Get some fresh air e.g. playing in the garden.
- Share a story with someone in your family.
- Spend time with your family e.g. play a game, make a shop using everyday items, research a topic of interest.
- Help your grown-ups cook, clean and tidy up.

Daily assignments

	English	Maths	R.E
Thursday 30 th April	Write a letter to one of your siblings about why it is important to be kind to other people. Include 3 reasons, an example of a time when you were kind to someone and the positive consequences of your actions.	Watch Mr. Metcalfe's daily Maths lesson and complete the lesson. http://www.iseemaths.com/lessons56/	Christianity – Watch the video about the Christian teaching of kindness. Use the information in the video to answer the questions below. https://www.youtube.com/watch?v=3FTiWQ9Ihnw

If you complete all your assignments and you want more educational activities to enjoy, please look at the list of websites posted on Teams and the school website.

Complete written assignments on Microsoft Word Online and send pictures on Teams. Remember we are always here to help!

Take care Year 6,

Miss Betsy and Mr Watt



Kindness - Jesus' teachings

When **Christians** go to church they find out about **Jesus'** teachings.

Christians believe that Jesus said to 'love your neighbour as yourself', which means treating other people the way you would want to be treated. He told the story of The Good Samaritan to help people understand this.

Describe a time when someone unexpectedly showed you kindness:

Think of three different people you know and complete the table:

Name of person	How you show kindness towards them	How they show kindness towards you

Give two reasons why a Christian would feel it is important to behave towards others as they would want to be treated themselves.