

POD

Weeks commencing: 02/11/2020 23/11/2020 14/12/2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Cheese and Tomato Pizza Baked Beans	Southern Fried Chicken Bites with BBQ Dip Sunshine Rice Peas	Roast Turkey Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Ultimate Fish Fingers Chips Garden Peas
Vegetarian alternative	Meat Free Meat Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	Meat Free Sausage Roll Baked Beans	Vegan Nuggets with BBQ Dip Sunshine Rice Peas	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Cheese and Vegetable Fingers Chips Garden Peas
Red Menu	Ham Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Ham Roll Vegetarian Nuggets Gingerbread Biscuit Satsuma	Ham Roll Sultana & Raisin Vanilla Muffin Apple	Ham Sandwich Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Egg Mayonnaise Roll Fruit Yoghurt Shortbread Biscuit Satsuma
Green Menu	Cheddar Cheese Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Cheddar Cheese Roll Vegetarian Nuggets Gingerbread Biscuit Satsuma	Cheddar Cheese Roll Sultana & Raisin Vanilla Muffin Apple	Cheddar Cheese Sandwich Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Cheddar Cheese Roll Fruit Yoghurt Shortbread Biscuit Satsuma
Yellow Menu	Roast Beef Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	BBQ Chicken Strips with Sunshine Rice Vegetarian Nuggets Gingerbread Biscuit Satsuma	Meat Free Sausage Roll Sultana & Raisin Vanilla Muffin Apple	Chicken Mayo Roll Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Chilled Tuna Mayonnaise Pasta Salad Fruit Yoghurt Shortbread Biscuit Satsuma
Pudding	Fruit Yoghurt	Fresh Fruit	Chocolate Sponge	Guisborough Biscuit	Buttermilk Pancakes with Honey

Weeks commencing: 09/11/2020 30/11/2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Burger (NO Roll) Mini Waffles Baked Beans	Chicken Tikka Rice Sweetcorn	Pork Sausages in Gravy Mashed Potatoes Mixed Vegetables	Roast Beef in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Salmon and Sweet Potato Fishcake Chips Garden Peas
Vegetarian alternative	Meat Free Southern Fried Chicken Style Burger (NO Roll) Mini Waffles Baked Beans	Vegetable Potato and Chickpea Curry Rice Sweetcorn	Cheese and Tomato Pasta Bake Mixed Vegetables	Roast Quorn Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Vegan Vegetable Nuggets Chips Garden Peas
Red Menu	Ham Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Ham Roll Vegetable Samosa Gingerbread Biscuit Satsuma	Ham Roll Sultana & Raisin Bag Vanilla Muffin Apple	Ham Sandwich Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Egg Mayonnaise Roll Fruit Yoghurt Shortbread Biscuit Satsuma
Green Menu	Cheddar Cheese Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Cheddar Cheese Roll Vegetable Samosa Gingerbread Biscuit Satsuma	Cheddar Cheese Roll Sultana & Raisin Bag Vanilla Muffin Apple	Cheddar Cheese Sandwich Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Cheddar Cheese Roll Fruit Yoghurt Shortbread Biscuit Satsuma
Yellow Menu	Sliced Turkey Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Egg Mayonnaise and Cress Wrap Vegetable Samosa Gingerbread Biscuit Satsuma	Cheese and Tomato Pasta Salad Sultana & Raisin Bag Vanilla Muffin Apple	Chicken Mayo Roll Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Tuna Mayonnaise Roll Fruit Yoghurt Shortbread Biscuit Satsuma
Pudding	Fruit Yoghurt	Fresh Fruit	Mini Blueberry Muffin	Oat and Raisin Cookie	Carrot Cake

POD

Week Commencing 16/11/2020 07/12/2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BBQ Chicken Fillet with BBQ Dip Rice Sweetcorn	Pork Sausages Mashed Potatoes Baked Beans	Beef Meatballs in Tomato Sauce Pasta Mixed Vegetables	Roast Chicken Fillet in Gravy Yorkshire Pudding Roast Potatoes Diced Carrots	Lemon Sole Fish Bites Chips Garden Peas
Vegetarian alternative	Vegan Nugget with BBQ Dip Rice Sweetcorn	Vegan Sausages Mashed Potato Baked Beans	Spicy Falafal in Tomato Sauce Pasta Mixed Vegetables	Meat Free Pasty Roast Potatoes Diced Carrots	Plain Omelette Chips Peas
Red Menu	Ham Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Ham Roll Mini Vegetable Spring Roll Gingerbread Biscuit Satsuma	Ham Roll Sultana & Raisin Vanilla Muffin Apple	Ham Sandwich Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Egg Mayonnaise Roll Fruit Yoghurt Shortbread Biscuit Satsuma
Green Menu	Cheddar Cheese Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Cheddar Cheese Roll Mini Vegetable Spring Roll Gingerbread Biscuit Satsuma	Cheddar Cheese Roll Sultana & Raisin Bag Vanilla Muffin Apple	Cheddar Cheese Sandwich Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Cheddar Cheese Roll Fruit Yoghurt Shortbread Biscuit Satsuma
Yellow Menu	Roast Beef Sandwich Sultana & Raisin Bag Golden Oat Flapjack Apple	Pork Sausage Roll Mini Vegetable Spring Roll Gingerbread Biscuit Satsuma	Chicken Mayo Roll Sultana & Raisin Bag Vanilla Muffin Apple	Tuna Mayonnaise & Sweetcorn Wrap Laughing Cow Cheese Triangle Blueberry Flapjack Satsuma	Cheese and Tomato Pizza Fruit Yoghurt Shortbread Biscuit Satsuma
Pudding	Fruit Yoghurt	Fresh Fruit	French Butter Crepe (Pancake) with Syrup	Chocolate Flavour Cookie	Frozen Yoghurt Tub